CU Home Learning Challenge:

Make a Mud Kitchen or Cafe



We learned this year that there is an International Mud Day which happens each year on 29th June. It is important to spend time outside, using natural resources, getting dirty and muddy! There are so many benefits. We can wash our hands and bodies afterwards, as well as washing our clothes, so there's really no excuse!

You will need:

- Pots and pans
- Spoons, ladles, cutlery
- Plates and dishes
- Mud
- Water
- Leaves, flowers, sticks, grass, etc.
- Paper and pencils, pens, etc.



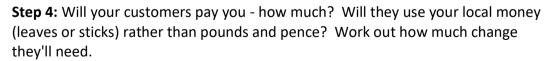
Step 1: Ask an adult to help you find the things you'll need. Some you will find in your home, and others you might find in your garden or on a walk to the nearest park or woodland.

Step 2: Set up you mud kitchen or you could even create a mud café. Where will the cooking area be? Where will the customers sit? Can you create a menu of items and their prices and list them?



Step 3: Get creating! Use your mud and leaves, flowers, sticks, grass and anything else you can find to make your 'food' in your kitchen. REMEMBER: this is only PRETEND food and drink - it's not safe to eat! Will you serve a mud pie? How about a mud cake or buns? Mix your mud with a little water to see what happens - could you make some

mud tea or coffee, or even a mud smoothie? Can you use other items from your kitchen cupboards? What cooking skills can you use? Mixing, pouring, chopping, slicing, mashing...?



Step 5: Remember to tidy up when your café has closed! You'll need to make sure all the things you used are washed well (ask an adult to help) and remember to wash your hands well too.





You can collect **1 CU credit** for completing this task. To claim your credits, please complete and return your Club Challenge reflection sheet and return it to your school with any photos you have of the activity.