



## HAPA ZOME CHALLENGE

Hapa Zome is a Japanese Art, meaning 'leaf dye'. Hapa Zome is a really easy way to turn art into nature. As long as you can hit something with a hammer you can create Hapa Zome Art!



### You will need:

- Plain paper or fabric
- Hammer
- Flowers and leaves (the brighter the colours the better it will be)

**Step 1:** Explore in your garden, the park or woodland and carefully pick some wild flowers. Wash your hands well afterwards.

**Step 2:** Find a suitable hard surface that you can hammer onto. Some of the dye from the flowers and leaves might go through onto this surface, so cover it if you need to.

**Step 3:** Arrange your flowers and/or leaves into a picture or pattern that you like and carefully lay your paper or fabric over the top, be careful not to move them.

**Step 4:** Hammer over the top of your paper or material (mind your fingers) You might need to hammer a few times over the same section, until the flower starts to break up underneath and release the colours.

**1 learning stamp**